

The Protective Effect of Metformin Against Doxorubicin Induced Cardiotoxicity in Rabbits

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Abstract:

Back ground: Doxorubicin is a very effective anticancer therapy of the anthracycline's family used in many pediatric and adult cancers. However, due to severe cardiotoxicity adverse effect, the uses of doxorubicin are limited. Metformin reducing basal and

postprandial glucose levels. Metformin has a good treatment efficacy and safety profile in treatment of T2DM in conjunction with lifestyle modification. Metformin have a cardioprotective effect in addition to reducing basal and postprandial levels of glucose by decreasing the production of reactive oxygen species, maintaining energy homeostasis and apoptosis regulation by its activation of adenosine monophosphate-activated protein kinase.

Method: Thirty-six white male rabbits randomly divided to six groups, each comprising of six rabbits. 1- Control group injected 2 ml saline single dose intraperitoneally. 2- Metformin group 300 mg/kg/daily for 14 days orally. 3- Acute doxorubicin induction group 16 mg/ kg intraperitoneally as a single dose. 4- Chronic doxorubicin induction group 4mg/kg intraperitoneally twice a week for two weeks. 5- Metformin+ acute doxorubicin induction group 16 mg/kg intraperitoneally single dose and Metformin 300 mg/kg/daily for 14 days orally, three days before doxorubicin treatment. 6- Metformin + chronic doxorubicin induction group 4 mg/kg intraperitoneally, twice a week for two weeks and Metformin 300 mg/kg/daily for 14 days orally, three days before doxorubicin treatment.

Result: our results revealed the treatment with metformin significantly ($p < 0.05$) reduced the serum level of troponin I and MMP2 in Metformin+ acute doxorubicin induction and Metformin + chronic doxorubicin induction groups in comparison with the acute doxorubicin and chronic doxorubicin groups.

Conclusion: From these results in this study, we can conclude that metformin has a cardioprotective effect against doxorubicin induced cardiotoxicity in acute and also the chronic induction by decreasing serum level of troponin I and MMP2.

Key words: Cardiotoxicity, Doxorubicin, Metformin, Troponin, Matrix Metalloproteinases.

تأثير الحماية للميتفورمين ضد سمية القلب الناجمة عن الدوكسوروبسين في الأرانب

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الخلاصة:

الدوكسوروبسين هو علاج مضاد للسرطان فعال للغاية لعائلة الانتراسيكلين المستخدمة في العديد من سرطانات الأطفال والبالغين. ومع ذلك، بسبب التأثير السلبي الشديد لأمراض القلب، فإن استخدام الدوكسوروبسين محدود. الميتفورمين يعمل على خفض مستويات الجلوكوز. يتمتع الميتفورمين بفعالية جيدة في علاج وسلامة المرضى المصابين بمرض السكري نوع 2 بالتزامن مع تعديل نمط الحياة. للميتفورمين تأثير حماية للقلب بالإضافة إلى تقليل مستويات الجلوكوز عن طريق تقليل إنتاج أنواع الأوكسجين التفاعلية، والحفاظ على توازن الطاقة وتنظيم الاستموات من خلال تنشيط البروتين كيناز الأدينوسين المفعّل.

طريقة العمل: ستة وثلاثين من الذكور البيض الذكور ينقسمون عشوائياً إلى ست مجموعات، كل واحدة تضم ستة أرانب. 1- المجموعة الضابطة حققت 2 مل محلول ملحي داخل الغشاء البريتوني. 2 - مجموعة الميتفورمين أعطيت 300 مغ/كغ/يومياً لمدة 14 يوماً عن طريق الفم. 3- مجموعة الدوكسوروبسين الحاد حققت 16 مجم/كجم بالغشاء البريتوني كجرعة وحيدة. 4- مجموعة دوكسوروبسين مزمنة حققت 4 مجم بالغشاء البريتوني مرتين في الأسبوع لمدة أسبوعين. 5- ميتفورمين + مجموعة الدوكسوروبسين الحاد حققت 16 مجم/كجم كجرعة واحدة و أعطيت الميتفورمين 300 مجم/كغ/يومياً لمدة 14 يوماً فموياً، قبل العلاج بالدوكسوروبسين بثلاثة أيام. 6- ميتفورمين + مجموعة دوكسوروبسين مزمنة 4 مجم/كجم في الغشاء البريتوني، مرتين في الأسبوع لمدة أسبوعين والميتفورمين 300 مجم/كغ/يومياً لمدة 14 يوماً فموياً، قبل 3 أيام من العلاج بالدوكسوروبسين.

النتائج: أظهرت النتائج أن المعالجة باستخدام الميتفورمين قللت من مستوى مصل تروبونين I و MMP2 في مجموعات الميتفورمين + الدوكسوروبسين الحاد و الميتفورمين + الدوكسوروبسين المزمنة بالمقارنة مع مجموعات الدوكسوروبسين الحاد و الدوكسوروبسين المزمنة.

الخلاصة: من خلال نتائج في هذه الدراسة، يمكننا أن نستنتج أن الميتفورمين له تأثير حماية ضد تسمم القلب الناجم عن الدوكسوروبسين الحاد وكذلك المزمّن عن طريق خفض مستوى المصلي للتروبونين I و MMP2.

الكلمات المفتاحية: سمية القلب، دوكسوروبسين، ميتفورمين، تروبونين، مصفوفة ميتيلوبروتينوز.

Introduction:

The National Cancer Institute defined Cardiotoxicity as the toxicity which affects the heart. The definition comprises both a direct effect of the medication on the heart and indirect effect due to thrombotic events or induction of haemodynamic flow alterations [1].

Chemotherapy is used as a primary or as an adjuvant for cancer treatment, although it has a risk of adverse effects that might leave an unfavorable damage to patients. Cardiotoxicity-induced by chemotherapy is a dangerous complication that limits the use of chemotherapeutic agents, especially the anthracyclines [2].

The severity of cardiotoxicity of many anticancer drugs, as an adverse effect, occurs by a cumulative, dose-dependent toxicity for both patients and healthcare workers during the manipulation of

anticancer drugs. Cardiovascular disease is the second cause of long-term mortality and morbidity in people cancer survivors [3]. Nearly about ten million of cancer survivors undergo cardiomyopathy in USA with the same number in Europe [4]. Doxorubicin cardiotoxicity including cardiomyopathy, ECG alterations (e.g. ST-T alterations, elongation of QT interval and decreased QRS voltage) and congestive heart failure (CHF) [5]. There are many risk factors for doxorubicin cardiotoxicity including the cumulative dose, age, ethnicity, and irradiation therapy, combination therapy with other chemotherapeutics, hypertension, chromosomal deformities and liver disease [6]. Doxorubicin-induced cardiotoxicity is divided into subacute or acute toxicity which is infrequent and occur during or instantly after infusion, is ordinarily transient (e.g. ECG abnormalities such as

ST-T alterations and QT elongation, pericarditis–myocarditis syndrome and ventricular dysfunction with congestive heart failure and it will reduce after stopping the treatment^[5] and the chronic cardiotoxic effects which occur with early cardiac defects that can develop to heart disease. Chronic cardiotoxic effects continue after stopping the treatment and the clinical symptoms comprise all signs of cardiomyopathy such as electrophysiological alterations, left ventricular dysfunction, variations in exercise stress capacity and signs of congestive heart failure^[7]. Several mechanisms are indicated in doxorubicin induced cardiotoxicity. Doxorubicin-induced cardiomyopathy is largely associated with increasing of oxidative stress that induced destruction, e.g. lipid peroxidation, in addition to decreased antioxidants levels. Another important mechanism is deterioration of myofibrillar and intracellular calcium level dysregulation, changes in endothelin-1 levels, the high energy phosphate pool and apoptosis^[8]. Understanding the mechanisms which are responsible for toxicity could help to reduce the unfavorable effect on normal tissues and improve of the cancer treatment regimen^[2]. The cardioprotective properties of several pharmacologic drugs have been confirmed through anticancer therapy in a laboratory, however the most of these drugs are not proven as cardioprotective for cancer related cardiotoxicity. Several drugs such as dexrazoxane, beta-blockers such as carvedilol, Angiotensin-converting enzyme inhibitors, angiotensin antagonists, statins and aldosterone antagonists such as spironolactone have been revealed to be potentially protective in patients receiving anthracycline or trastuzumab^[9]. Metformin also may have a cardioprotective effect. In experimental animal models of isolated myocardial infarction and heart failure have revealed that metformin rises the tolerance of the cardiac muscle to ischemia-reperfusion injury and declines the incidence of heart failure^[10].

Metformin is a biguanide (1,1-dimethylbiguanide). Metformin is commonly used in type 2 diabetes mellitus (T2DM) patients. Metformin absorbed primary by plasma membrane monoamine transporter on the luminal side of enterocyte. Metformin is widely distributed into the body tissue. Metformin is not metabolized and is excreted unchanged in urine by active tubular secretion, with a half-life 5 hours^[10]. Metformin has a good treatment efficacy and safety profile, low cost, and consider as the first-line oral treatment in T2DM in conjunction with lifestyle modification^[11]. Metformin have cardioprotective effect in addition to reducing basal and postprandial levels of glucose by decreasing the production of reactive oxygen species, maintaining energy homeostasis and apoptosis regulation by its activation of adenosine monophosphate-activated protein kinase (AMPK). Metformin has also the ability to increase the cardiac adiponectin and its receptors (adipoR1 and adipoR2), increases NO production, prevent intracellular Ca²⁺ overload and finally reduce inflammatory responses by attenuating toll-like receptor 4 (TLR) activity^[12-15]. Troponins are medium sized regulatory proteins act to regulate the contractile elements, myosin and actin. While it is usually undetectable protein, troponins can increase after 2-3 hours when the cardiac injury occurs^[16]. Many studies demonstrated that troponins can detect cardiotoxicity at a preclinical period, even before any reduction in left ventricular ejection fraction occurs in patients using anticancer drugs^[17]. Matrix metalloproteinase 2 (MMP-2) are proteolytic enzymes responsible for degradation of extracellular matrix component and it is important for remodeling of normal tissue and growth process. Several myocardial injury models demonstrated that MMP-2 play an important role in cardiac remodeling and ventricular dilation which can be increasing in both acute and chronic doxorubicin therapy^[18,19].

This study aimed to assess the metformin cardioprotective effect against cardiotoxicity induced by acute and chronic doxorubicin therapy.

Materials and Methods

Study Design

Thirty-six white male rabbits randomly divided to six groups, each comprising of 6 rabbits:

- 1- Control group: injected 2 ml saline single dose intraperitoneally.
- 2- Metformin group: 300 mg/kg/daily for 14 days orally.
- 3- Acute doxorubicin induction group: 16 mg/ kg intraperitoneally as a single dose.
- 4- Chronic doxorubicin induction group: 4mg/kg intraperitoneally twice a week for two weeks.
- 5- Metformin+ acute doxorubicin induction group: 16 mg/kg intraperitoneally single dose and Metformin 300 mg/kg/daily for 14 days orally, three days before doxorubicin treatment.
- 6- Metformin + chronic doxorubicin induction group: 4 mg/kg intraperitoneally, twice a week for two weeks and Metformin 300 mg/kg/daily for 14 days orally, three days before doxorubicin treatment.

Induction of Cardiotoxicity

Cardiotoxicity induced by doxorubicin injected in a dose of 16 mg /kg intraperitoneally single dose in acute doxorubicin induction and in a dose of 4 mg/kg intraperitoneally twice a week for two weeks in chronic induction ^[9].

Sample Collection and Preparation

The five milliliters blood sample collected by using heart puncture, put in plain gel tube and centrifugation at 3000x for fifteen minutes. The serum stored at -80°C for ELISA analysis where troponin I was

measured in serum according to manufacturer instruction (Elabscience - china), then sacrificed the rabbits by using di-ethyl ether for anesthesia, then removed the heart and washed by distilled water, then the heart tissue kept in a sterile normal saline tube and stored at -80 ° C for DNA extraction and RT- PCR to measure MMP-2 expression in heart tissues by using gSYNC TM DNA Extraction Kit (Geneaid – UK).

Statistical Analysis

Statistical analysis was done by SPSS version 16.0. The results calculated as mean \pm standard deviation (SD). The results compared among the groups by using One-way ANOVA test followed by a post hoc Tukey test. The statistically significant differences were considered when the $p < 0.05$.

Results

Cardiac Troponin I

The statistical analysis for cardiac troponin I levels that is represented as mean \pm SD was increased significantly in both acute and chronic doxorubicin induction group (252.12 \pm 40.79, 295.33 \pm 144.12 pg/ml respectively) when compared with the control and Metformin group (126.32 \pm 30.91, 136.42 \pm 32.06 pg/ml respectively; $P < 0.05$). The cardiac troponin I level was reduced significantly in Metformin +acute doxorubicin induction and Metformin +chronic doxorubicin induction groups in comparison with the acute doxorubicin induction and chronic doxorubicin induction groups (130.37 \pm 22.30, 124.48 \pm 49.09 pg/ml respectively; $P < 0.05$). The cardiac troponin I level was non-significantly differences in both Metformin +acute doxorubicin induction and Metformin +chronic doxorubicin induction groups in compare with the control and Metformin group as shown in (table 1).

Table-1: Effect of metformin on serum troponin I level in acute and chronic doxorubicin cardiotoxicity.

| | Group | Troponin I (pg/ml) |
|---|---|---------------------------|
| 1 | Control (2ml saline) | 126.32 ± 30.91*# |
| 2 | MET (300 mg for 14 day orally) | 136.42 ± 32.06 *# |
| 3 | Acute DOX (16 mg single dose) | 252.12 ± 40.79 |
| 4 | MET +Acute DOX (300 mg for 14 day +16mg single dose) | 130.37 ± 22.30 * |
| 5 | Chronic DOX (4mg twice wk for 2 wks) | 295.33 ± 144.12 |
| 6 | MET+Chronic DOX (300 mg for 14 day orally +4mg twice wk for 2 wks) | 124.48 ± 49.09 # |

Each value expressed as mean ±SD. The statistical analysis done by using one-way ANOVA followed by Tukey test.

*Significant difference ($p < 0.05$) when compared among acute DOX with control, MET and MET+ Acute DOX groups

#Significant difference ($p < 0.05$) when compared among chronic DOX with control, MET and MET+ Chronic DOX groups.

Matrix metalloproteinase 2 (MMP2)

The statistical analysis for DNA load of MMP2 concentration that is represented as mean ±SD was increased significantly in both acute and chronic doxorubicin induction groups (2280±717.77, 8341.66±359.03copies/gm respectively) when compared with control and Metformin group (423.33±123.55, 765±296.36 copies/gm respectively; ($P>0.05$). The DNA load of MMP2 level was reduced significantly in both Metformin + acute

doxorubicin induction and Metformin + chronic doxorubicin induction groups in comparison with the acute and chronic doxorubicin induction groups (190±56.56, 716±98.31copies/gm respectively; $P>0.05$). Matrix metalloproteinase 2 level was non-significantly differ in both Metformin + acute doxorubicin induction and Metformin + chronic doxorubicin induction groups when compared with the control and Metformin groups, as shown in table (2).

Table-2: Effect of Metformin on DNA Load of MMP2 Level in Acute and Chronic Doxorubicin Induction Cardiotoxicity.

| | Group | MMP2(copies/gm) |
|---|---|------------------------|
| 1 | Control (2ml saline) | 423.33 ± 123.55 *# |
| 2 | MET (300 mg for 14 day orally) | 765 ± 296.36 *# |
| 3 | Acute DOX (16 mg single dose) | 2280 ± 717.77 |
| 4 | MET+Acute DOX (300 mg for 14 day +16mg single dose) | 190 ± 56.56 * |
| 5 | Chronic DOX (4mg twice wk for 2 wks) | 8341.66 ± 359.09 |
| 6 | MET+Chronic DOX (300 mg for 14 day orally +4mg twice wk for 2 wks) | 716 ± 98.31 # |

Each value expressed as mean ±SD. The statistical analysis done by using one-way ANOVA followed by Tukey test.

*Significant difference ($p < 0.05$) when compared among acute doxorubicin induction with control, MET and MET+ Acute doxorubicin induction groups

#Significant difference ($p < 0.05$) when compared among chronic doxorubicin induction with control, MET and MET+ Chronic doxorubicin induction groups.

Discussion

Troponins are medium size proteins that released to circulation after damage of cardiac myocyte [20]. Cardiac troponins are the first biomarkers for the detection of heart damage which may increase after 2-3 hours. Troponins are important in regulating the cardiac muscle contractile elements (actin and myosin) [16]. Troponin levels increased in the blood stream have become a well-established biomarker with large sensitivity and specificity for cardiac infarction or necrosis in both animals and human. Myocardial troponin level increased proportionally to the size and extent of myocardial injury in many animal models of cardiotoxicity [21].

Doxorubicin may cause a significant elevation in serum troponin concentration which may be due to oxidative stress that lead to cardiac muscle cell damage [22]. From the result of this study, Metformin led to a significant reduction ($P < 0.05$) in serum troponin I level in both Metformin + acute doxorubicin induction and Metformin + chronic doxorubicin induction groups.

Basnet *et al* (2015), revealed that cardiac troponin I levels are significantly reduced by Metformin may be by the activation of AMPK [23]. Authors support that Metformin has a significant cardioprotective effects on heart injury in many studies by ricing the tolerance tissues to ischemic injury by reducing the cardiotoxicity induced by doxorubicin through activation of AMPK [24].

The AMPK regulate the cardiac metabolic pathway by regulation of catabolic and anabolic processes, which reserve the cardiac energy homeostasis. The AMPK also plays an important role in mitochondrial protection by regulation of gene transcription and increased the endogenous antioxidant system [25].

Matrix Metalloproteinases are proteolytic enzymes synthesized as inactive zymogens, which are activated after cleaved of the propeptide domain. The

MMP-2 is responsible for the degradation of extracellular matrix components and is important for normal tissue remodeling and growth process. It's become over activated during cardiac injury such as ischemia, toxic injury, and also during oxidative stress [26]. Doxorubicin has been shown to chronically and acutely increase oxidative stress [8]. The MMP-2 activation in cardiac myocyte involved in degradation of cytoskeletal and sarcomeric proteins such as alpha-actinin, troponin I, and myosin light chain, inducing left ventricular dysfunction [27].

Ivanova *et al* (2012), showed increased MMP-2 gene expression and activity after chronic doxorubicin treatment [18]. Polegato *et al* (2015) showed increased MMP-2 activity after acute doxorubicin treatment [19]. Cha *et al* (2010), and Esfahanian *et al* (2012), showed that Metformin treatment significantly decrease the MMP-2 level [28,29].

This study revealed that Metformin led to significant decrease ($P < 0.05$) in MMP-2 level in both Met + acute doxorubicin induction and Metformin + chronic doxorubicin induction groups when compared with acute and chronic doxorubicin induction groups. The MMP-2 suppressive effect of Metformin may be related to decreasing the oxidative stress that occurs by increase the activation of AMPK [30].

Conclusions

From these results, we can conclude that metformin has a cardioprotective effect against doxorubicin induced cardiotoxicity in acute and also the chronic induction. Metformin exhibited a cardioprotective effect by suppression of serum troponin I and the expression of MMP2 may be by the activation of AMPK.

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