

## Phytochemical study and thin layer chromatography of *Ficus religiosa* leaves extract cultivated in Iraq

Noor S Jaafar\*, Maha N Hamad\*\*, Duha A Alshammaa\*, Zainab S Noori\*

\*Department of pharmacognosy and Medicinal Plants, College of Pharmacy, University of Baghdad, Baghdad, Iraq.

\*\*Department of pharmacognosy and Medicinal Plants, Baghdad College for medicinal sciences Baghdad, Iraq

### Article Info:

Received 26 May 2021

Accepted 26 Jul 2021

Published Jul 2021

Corresponding Author email:

[Zainab.nouri@copharm.uobaghdad.edu.iq](mailto:Zainab.nouri@copharm.uobaghdad.edu.iq)

orcid: <https://orcid.org/0000-0002-2697-882X>

### Abstract

*Ficus religiosa* Linn, (Moraceae), is a large evergreen or deciduous, irregularly shaped tree. Traditionally the leaves are used for the treatment of constipation, vomiting, hiccup, and others. Leaves were extracted by two methods; maceration and soxhelt using hexane and

80% aqueous methanol, then subjected to preliminary phytochemical examination, fractionation with chloroform, ethyl acetate, and n.butanol, then TLC. Soxhelt was the suitable extraction method. Sterols, alkaloids, saponins, tannins, and flavonoids were identified in leaves. TLC examination demonstrates the possible presence of stigmasterol, chlorogenic acid, caffeic acid, rutin, and luteolin or apigenin.

**Key words:** *Ficus religiosa*, percentage yield, TLC, Stigmasterol, and chlorogenic acid.

## دراسة كيميائية نباتية وكميات استخراجها الطبقة الرقيقة لمستخلص أوراق التين المقدس المستزرع في العراق

نور صباح جعفر\*، مها نوري حمد\*\*، ضحى عبد الصاحب الشماع\*، زينب صفاء نوري\*

\*فرع العقاقير والنباتات الطبية، كلية الصيدلة، جامعة بغداد

\*\*فرع العقاقير والنباتات الطبية، كلية بغداد للعلوم الطبية

### الخلاصة:

ينتمي نبات التين المقدس للعائلة التوتية وتكون الشجرة دائمة الخضرة أو نفضية ، على شكل غير منتظم. تقليدياً الأوراق تستخدم لعلاج الإمساك والقيء والفواق وغيرها. تم استخلاص الأوراق بطريقتين ؛ بالتقيع وباستخدام جهاز Soxhelt باستخدام الهكسان والميثانول المائي 80 ٪ ، ثم خضع مستخلص الأوراق لفحص كيميائي أولي ، تجزئة مع الكلوروفورم ، أسيتات الإيثيل والبيوتانول ثم TLC وكان Soxhelt طريقة استخلاص مناسبة. تم تحديد الستيرويد والقلويدات والصابونين والفلافونيدات في الأوراق. يُظهر فحص TLC احتمال وجود ستيغماسترول ، وحمض الكلوروجينيك ، وحمض الكافيك ، والروتين ، والتينولين ، أو الأبجيني.

**الكلمات المفتاحية:** التين المقدس - النسبة المئوية للإنتاج - الستغماستيرول - حامض الكلوروجينيك.

### Introduction

The medicinal value displayed by diverse curative plants arises from the phytochemicals existing in the plant, where some of these phytochemicals demonstrate therapeutic effects, and considered as lead

compounds for providing pharmaceuticals having a crucial role in curing destructive diseases (1, 2). However in contemporary pharmacopeia not less than 25% of drugs are derived from plants and many others, synthetic analogs, based on lead molecules isolated from plants (3).

Phytochemicals are bioactive constituents of plants' origin, naturally formed or synthesized in plants from primary metabolites, these chemicals not essential for plant growth or development but produced as a defensive agent against microorganisms, insects, and herbivores predation (4, 5). The fineness of the quality of herbal medicine and hence the secondary metabolites produced even in the same land or country are affected by various environmental factors like climate, height, rain full, and others conditions (4). *F. religiosa* Linn, (Moraceae), local Arabic name teen mukadas, shajaratbebal (6). It is a large evergreen or deciduous, irregularly shaped, widely branched tree, up to 20-meter length (7, 8), considered as one of the longest living trees (9) distributed in most Asian countries (10) and cultivated as an ornamental tree (11). The shiny, thin leaves bear 5-7 vein when their first appear are red pinkish then change to cooper and finally at maturity turned dark green, these leaves grow to about 5-7 inches are ovate, cordate in shape, leathery with distinctive extended drip tip (12, 13). Different phytochemicals had been identified in leaves as tannins, flavonoids, sterols, and others. Traditionally the leaves alone are used for the treatment of constipation and show significant memory-enhancing effects, for vomiting, hiccup, dysentery, hemorrhoids, ulcer urological disorders, and another disease (14-16). Leaf's decoction and juice are used for toothache, asthma, hematuria, migraine, gastric problems, and scabies (17) leaves proven to have anti-diabetic effect (18). This work aimed to extract the leaves by two different methods, to investigate the secondary metabolites and to perform simple TLC analysis to give initial information concerning the type of sterols, phenols, flavonoids aglycones, and glycosides.

## Materials and methods

### Collection of plant material

Fresh leaves of *F. religiosa* were obtained from the college of pharmacy / University

of Baghdad in November (2017). The plant was authenticated by Dr. Sukaina Abbas in the college of science / Baghdad University. Leaves were washed thoroughly under running tap water, dried under shade for 10 days, ground in a mechanical grinder to a fine powder, and used for this study.

### Preparation of plant extracts

For the preparation of crude extracts from leaves of *F. religiosa* two different extraction methods were followed.

#### Maceration

Fifty grams of shade-dried pulverized plant material was macerated in 400mL of hexane with occasional stirring for one week for defatting, after defatting the marc was dried then macerated with 400 mL 80% methanol for one week, the extract was filtered, the solvent was evaporated to dryness using a rotary evaporator and the percentage yield was determined.

#### Soxhelt extraction

Fifty grams of shade-dried pulverized plant materials were extracted by maceration with 400 mL hexane for one week, after defatting the marc was dried, packed in a thimble of soxhelt, extracted with 80% aqueous methanol (methanol: water 80:20) for one week. The extract was filtered and the solvent was evaporated under reduced pressure using a rotary evaporator to get a dry extract. The percentage yield was calculated.

#### Fractionation

Crude methanolic extract (5 gm), obtained by soxhelt extractor was suspended in 50 ml distilled water and consequently fractionated by partitioning successively with chloroform, ethyl acetate, and finally by n.butanol using 50 mL x 3 for each fraction. The first two fractions were dried over anhydrous sodium sulfate, filtered, concentrated by rotary evaporator, air-dried, and then stored for further analysis.

### Preliminary phytochemical investigation

The freshly prepared hydro-methanolic extract and powdered leaves were subjected to phytochemical analysis for flavonoids, phenols, alkaloids, phytosterols, and saponins (19-23).

#### 2.4 TLC determination of phytochemicals

Thin-layer chromatography was used to verify and provide a prim prediction for constituents based on retardation factor value (R<sub>f</sub>) by comparing the R<sub>f</sub> of standard materials to the R<sub>f</sub> of separated constituents. TLC for various fractions was accomplished on aluminum plates coated

with 0.25mm silica gel 60 F254 as stationary phase. These plates were developed in different mobile phases according to the type of the tested phytochemicals. Detection of the separated spots was done by observation of the developed TLC plate under UV light (254 and 366nm) and after spraying with suitable spraying reagent. Table 1 illustrates the type of phytochemical, composition of the mobile phase, and spraying reagents used for their identification (24).

**Table (1): Phytochemicals, the composition of the mobile phase, and spraying reagents used for their detection.**

phytochemicals	Mobile phase used	Composition	Spray reagent used
Phytosterols	chloroform: ethyl acetate	6:4	5% H <sub>2</sub> SO <sub>4</sub>
Phenolic compounds	ethyl acetate: toluene: formic acid	3:3:1	5% ferric chloride solution
Flavonoid's glycosides	n.butanol: acetic acid: water	14:3:3	5% alcoholic KOH
Flavonoids aglycone	toluene: ethyl acetate: formic acid	10:9:1	5% alcoholic KOH

### Result and discussion

Before analyzing, separating, and isolating the phytochemical constituents of the herbs, extraction must be performed. Extraction is an essential step in the analysis of medicinal plants since it is fundamental to acquire and purify the desired chemical components from the plant for further characterization (25), two extraction methods were used; cold maceration and soxhelt extraction. The effect of extraction methods is determined based on percentage yield. Percentage or extraction yield is (the weight or mass of extract / the weight or mass of dry matter). Different factors affect the extraction process, the effect of these factors can be

compared through the measurement of percentage yield (26).

$$\% \text{ yield} = (\text{weight of dry extract} / \text{weight of dry powder}) \times 100$$

Soxhelt extraction gave a higher percentage yield than maceration, this may be attributed to the fact that the plant powder is continuously extracted, i.e., the solvent saturated in dissolvable components or metabolites siphoned into the flask, fresh re-condensed solvent re-extracts the plant material in the thimble (27, 28). Extraction by soxhelt is preferred over maceration since no filtration, and less amount of solvent is required (29, 30). The result of the percentage yield is summarized in table 2.

**Table (2): Percentage yield of the extraction method**

Extraction method	Maceration	Soxhelt
Percentage yield	16.68	22.23

Preliminary phytochemical screening tests are useful in the recognition of bioactive principles and consequently may lead to drug or medicine discovery and development. In this study, several

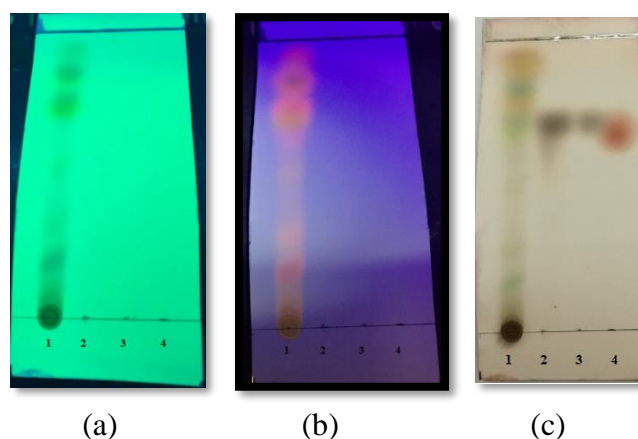
phytochemical constituents have been identified, these include flavonoids, tannins, saponins, alkaloids, and sterols (6, 31, 32). The result of the phytochemical analysis is shown in table 3

**Table (3): Qualitative profile of the phytochemicals found in leaves of the plant.**

Extract	Flavonoids	Alkaloids	Phenols	Saponins	Sterols
Leaves	+	+	+	+	+

Regarding TLC analysis for sterols, chloroform fraction shows 7 spots with  $R_f$  values 0.19, 0.3, 0.53, 0.71, 0.79, 0.85 and 0.94 (table 4) Phytosterol ( $R_f$  0.71) could be stigmasterol(33)or  $\beta$ -sitosterol. These

two phytosterols have similar  $R_f$ value which could be attributed to structural similarity and approximate molecular weight (34). Stigmasterol was identified previously in *F. religiosa* leaves(33).



**Figure (1): Chloroform fraction, 2:  $\beta$ -sitosterol, 3: Stigmasterol, 4: Cholesterol. a: Under UV light 254nm, b: Under UV light 366nm, c: Ufter spraying with 5%  $H_2SO_4$ .**

**Table (4):  $R_f$ valuesof sample and standards**

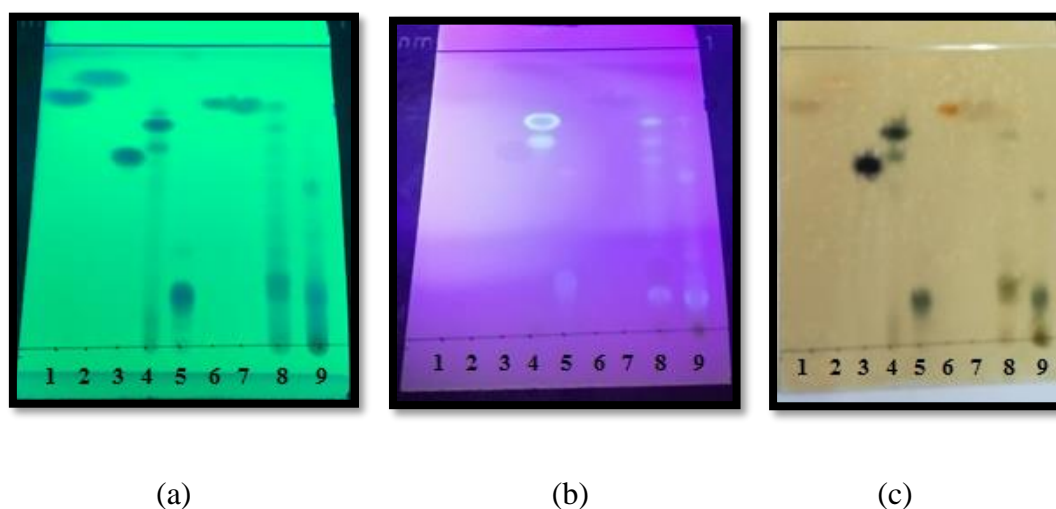
Sample	No. of spots after spraying	$R_f$ values
Chloroform fraction	7	0.19, 0.3, 0.53, 0.71, 0.79, 0.85, 0.94
$\beta$ -sitosterol	1	0.71 gray spot
Stigmasterol	1	0.71 green spot
Cholesterol	1	0.7 pink spot

Concerning phenolic compounds, after derivatization, the ethyl acetate revealed the presence of three compounds with  $R_f$ values (0.26, 0.33, 0.75), while n.butanol fraction shows the presence of two compounds with  $R_f$  values (0.17, 0.53) (table 5). By comparing the  $R_f$ value of separated compounds with  $R_f$  of reference compounds, caffeic acid was detected in

ethyl acetate fraction, while chlorogenic acid was detected in n.butanol fraction. chlorogenic acid is an ester of caffeic acid and quinic acid (35) Chlorogenic acid was detected in fruits, leaves, and bark of *F. religiosa* in previous phytochemical studies(36).

**Table (5): R<sub>f</sub> values of samples and standards**

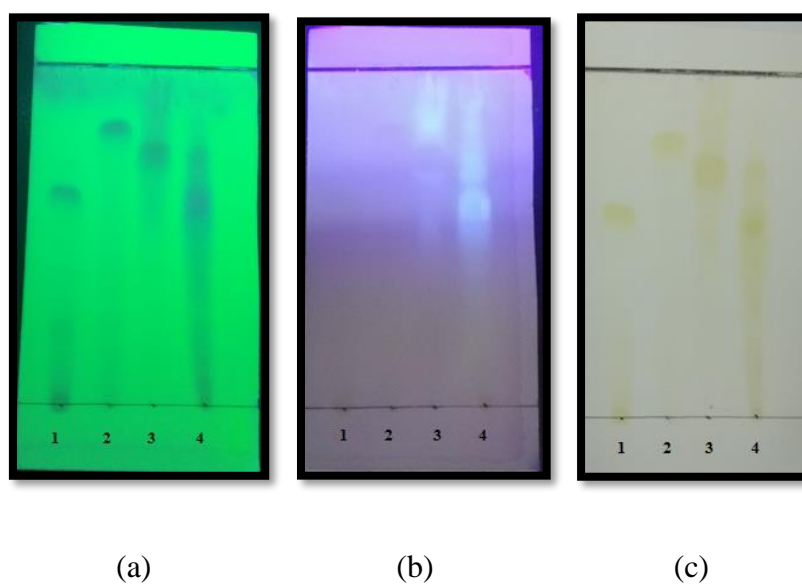
Compound	No. of spots after spraying	R <sub>f</sub> values
Ethyl acetate fraction	3	0.26, 0.33, 0.75
n.butanol fraction	2	0.17, 0.53
Vanillin	1	0.82 beige
Benzoic acid	1	0.89 light orange
Gallic acid	1	0.6 dark blue
Caffeic acid	2	0.75 dark blue
Chlorogenic acid	1	0.17 olive green
p. coumaric acid	1	0.78 orange
Resorcinol	1	0.78 beige



**Figure (2): TLC chromatogram of standard material and tested fractions. Detection (a) under UV light 254nm, (b): under UV light 366nm and (c): after spraying with 5% FeCl<sub>3</sub> solution. 1: Vanillin, 2: Benzoic acid, 3: Gallic acid, 4: Caffeic acid, 5: Chlorogenic acid, 6: p. coumaric acid, 7: Resorcinol, 8: Ethyl acetate fraction, 9: n.butanol fraction.**

For flavonoid glycosides, the ethyl acetate fraction after spraying with 5% alcoholic KOH, showed the presence of a single yellow spot (R<sub>f</sub> value = 0.68). n.butanol fraction showed the presence of two yellow spots (R<sub>f</sub> values= 0.56, 0.67)

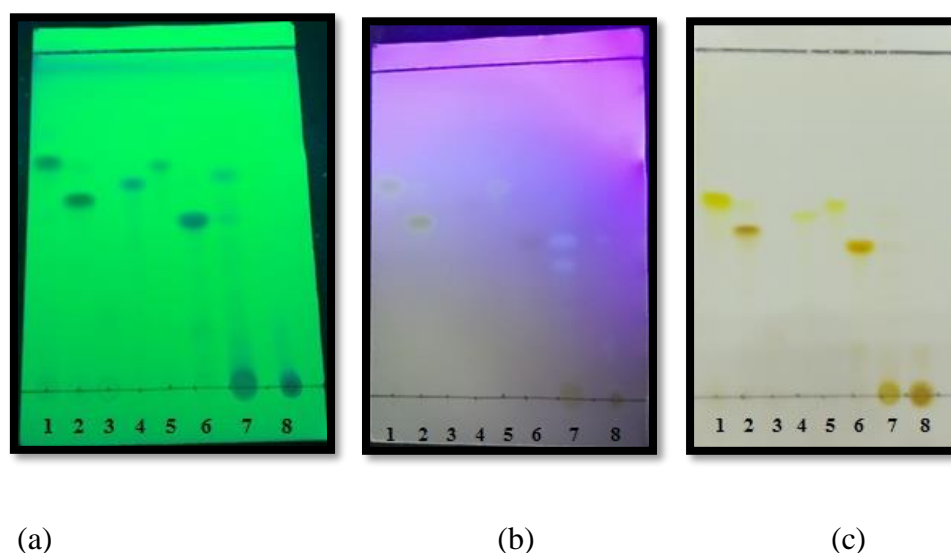
respectively. One of the separated compounds in n.butanol fraction might be rutin, (rutin standard R<sub>f</sub> value= 0.57). Previous phytochemical studies verified the presence of rutin in leaves of *F.religosa* and other species (36, 37).



**Figure(3): TLC chromatogram of standard material and tested fractions. Detection (a) under UV light 254nm, (b): under UV light 366nm and (c): after spraying with 5% alcoholic KOH solution. 1: Rutin, 2: Quercetrin, 3: Ethyl acetate fraction, 4: n.butanol fraction.**

For flavonoids aglycons, in ethyl acetate and n.butanol fractions, four compounds ( $R_f$  values = 0.11, 0.36, 0.45, 0.54) and one compound ( $R_f$  value 0.11) were visualized respectively after derivatization.

Based on  $R_f$  values of standards, compounds ( $R_f$  values = 0.45, 0.54) in ethyl acetate fraction could be luteolin and apigenin respectively.



**Figure (4): TLC chromatogram of standard materials and tested fractions. Detection (a) under UV light 254nm, (b): under UV light 366nm and (c): after spraying with 5% alcoholic KOH solution. 1: Kaempferol, 2: Quercetin, 3: Myricetin, 4: Apigenin, 5: Isorhamnetin, 6: Luteolin, 7: Ethyl acetate fraction, 8: n.butanol fraction.**



**Table (6): R-values of samples and standards**

Compound	No. of spots after spraying	R <sub>f</sub> values
Ethyl acetate fraction	4	0.11, 0.36, 0.45, 0.54 faint yellow
n.butanol fraction	1	0.11 faint yellow
Kaempferol	1	0.58 yellow
Quercetin	1	0.47 yellow
Myricetin	1	0.16 faint yellow
Apigenin	1	0.54 yellow
Isorhamnetin	1	0.56 yellow
Luteolin	1	0.45 yellow

## Conclusion

The soxhlet extraction method is an appropriate tool to extract phytochemicals from plant materials. Soxhlet was the suitable extraction method based on percentage yield.

From the results of the phytochemical screening, it can be proved that *F. religiosa* is a valuable source of phytochemicals like flavonoids, tannins, and sterols which were initially detected through thin layer chromatography examination by matching R<sub>f</sub> values of separated constituents with reference standards. Further studies are required to confirm the presence of the detected compounds and to identify the unknown separated spots and elucidation their structures.

## Acknowledgment

The authors thankful to the college of pharmacy/ Baghdad University for their valuable support this work.

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